

## Implant Post Operative Instructions

A dental implant has been placed in your mouth. The implant will usually take a period of 4-6 months to heal; depending upon the location in the jaw and the type of implant surgery.

If sedation was used for your procedure; you cannot drive a car for the remainder of the day.

If sutures were placed around your implant, they will be removed and checked by your doctor in one to two weeks.

Usually you are able to wear your present partial or flipper, if applicable. Sometimes it is necessary to leave it in the night of the surgery.

**Every consideration must be given to keep the surgical site clean and free of food particles.**

### **Instructions for mouth care and other helpful information:**

**AVOID** these after surgery: alcohol with post operative medications, commercial mouth rinses and very hot fluids. Gentle rinsing of the mouth should be started the day after surgery. Frequent gentle rinsing with lukewarm salt water will aid the healing process (add one half teaspoon of salt to a 6oz glass of water). Avoid the use of a water-pik tooth brush. Your doctor may give you a prescription mouth wash.

**Pain:** A certain amount of pain must be expected with all types of surgery.

An appropriate pain medication may be prescribed. Please take it according to the directions

**Swelling:** Some swelling and minimal bruising is possible and is to be expected. **IT IS NOT UNUSUAL.**

In most cases, swelling can be prevented/controlled. Apply the ice pack that has been given to you for a period of 20 minutes on and 20 minutes off during the day for the next two days. If after five days you still have unusual swelling or pain, please call the office.

**Bleeding:** A small amount of bleeding following surgery should not alarm you. If the bleeding is excessive or continuous, please call us at once. Vigorous rinsing of the mouth prolongs bleeding by removing the clotting blood, so when rinsing your mouth, do it gently.

**NO:** drinking through straws. The use of a straw creates negative pressure in your mouth and will tend to loosen the sutures if you have any.

**Diet:** Following surgery it is best to restrict your diet to fluids and soft foods for the first day. Normal diet may then be resumed the following day.

**Next Visit:** You may or may not get an appointment to review healing. Your doctor will notify you on the details appointment.

**IF YOU HAVE ANY QUESTIONS AT ANY TIME, PLEASE CONTACT  
OUR OFFICE AT 296-0990**

**HAPPY HEALING ☺**